



**Spine & Sport Physical Therapy Presents:  
Survey of End Range Loading Strategies  
Drawing on the Works of McKenzie,  
Butler, Cyriax, Mulligan and others.**

With Gary Jacob D.C., MPH

*Dr. Jacob is an experienced practitioner and lecturer with over twenty years of McKenzie experience.  
(See attached bio page 2)*



**Date: Saturday, Sept. 27th 2014**

**Time: 8:00AM– 6:30PM**

**Price: \$199/Attendee  
(Includes Breakfast and lunch)**

**No Cost for Spine and Sport Staff**

**Location: Spine & Sport  
3760 Convoy St. Suite 100  
San Diego, CA 92111**

**Come join us for the day for an extensive course on Survey of End Range Loading Strategies: with Gary Jacob .The course will include:**

- **APTA credentialed for 1 Unit CEU (10hr) for PT and 10 hours CEU approved by BOC for O.T., ATC and CSCS**
  - **Four hour PowerPoint lecture**
  - **Six hours of hands on lab**
- **Thirty minute lunch break—meal provided**



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## **Survey of End Range Loading Strategies Course will include principles of spinal mechanical diagnosis and treatment methods.**

**Learning objectives will include understanding:**

- A. Derangements**
- B. Dysfunctions**
- C. Postural Syndrome**
- D. Hands on techniques C/T and L/S**
- E. Logical Treatment Approach**
- F. Problem Solving**
- G. Hands on techniques including: Mulligan, Butler, SIJ, Cyriax, Revel, Laslett and others.**

### **Biography of Instructor:**

**Gary Jacob, D.C., L.Ac., M.P.H., Dip. M.D.T.**

**Dr. Jacob has been a practicing chiropractor (DC) and acupuncturist (LAc) for more than 24 years and holds a masters degree in public health from UCLA in Community Health Education and Promotion and is a certified Health Education Specialist.**

**He was the first chiropractor and 12<sup>th</sup> individual to receive the Diploma in Mechanical Diagnosis and Therapy from the McKenzie institute International, has taught more than 100 McKenzie courses and has co-written 4 textbook chapters on the McKenzie approach. He is an international interdisciplinary lecturer regarding rehabilitation.**

**Dr. Jacob is Clinical Sciences Associate Faculty at the Southern California University of Health Sciences (L.A.C.C), postgraduate faculty of four chiropractic colleges, and Doctoral faculty at the Emperors College of Traditional Oriental Medicine. Dr. Jacob currently practices in Los Angeles. More can be found at [www.garyjacob.com](http://www.garyjacob.com).**



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